

## Anytime Fitness to Celebrate Grand Re-opening

The Anytime Fitness club in Beebe will celebrate its grand re-opening Monday, Oct. 15, culminating a complete club renovation.

Following the ribbon cutting at 11 a.m., Anytime Fitness will kick off a celebration with giveaways, food, and the launch of small group training, which encompasses a whole new scientifically backed program to help people reach their wellness goals. Vendors in attendance will be The Healthy Hut, 5 Star Nutrition, Arkansas Academy of Massage and Shalee's Day Spa. FitFood2Go will be providing food.

"The primary reason we're re-inventing is to make working out at Anytime Fitness as fun and enjoyable as possible," said club manager Rossie Medlin. "Everyone knows that exercising is hard work. By re-designing the club and adding new equipment, we hope our members will get the best results possible and look forward to working out even more often."

Improvements to the club include an upscale design, a brighter interior, new flooring, more open spaces, an "inspiration wall," and several new pieces of exercise equipment.

"We're very excited about our new equipment," Medlin said. "We'll be adding tons of functional training pieces such as kettlebells, free weights, medicine balls, tires, resistance bands, TRX straps, yoga mats, foam rollers, ab sliders, yoga balls, battle ropes."

The event will also kick off the launch of small group training, a reinvention of the personal training program that provides more guidance than standard exercise classes and helps participants maximize results and build community.

"We know that our existing members, who have been with us since we first opened, are going to love the new look," Medlin said. "But we also hope that those who have been curious about the club, but never joined, will come to the party and check us out. There's no better time than the present to get started on the path to a healthier and happier lifestyle."

## Beebe Native Returns for Second Year as ATC Fellow



Bernard Smith, 2011 Beebe High School salutatorian, now teaches mathematics at Blytheville New Tech High School in Blytheville, AR.

Bernard Smith, salutatorian of the Beebe High School class of 2011, was selected as an Arkansas Teacher Corps (ATC) Fellow and began teaching high school mathematics at Blytheville New Tech High School in 2017 after graduating from Hendrix College with a bachelor's degree in applied mathematics and secondary education.

While at Hendrix, Smith served as the president of the Catholic Campus Ministry and was a member of Pi Mu Epsilon, the mathematics honor society.

Smith has always been interested in teaching and is relishing the role he plays in engaging students in critical thinking thanks to the non-traditional educator pathway provided by ATC.

Smith's coach, ATC teacher development manager Laureina Toler, praises his commitment to reflection and continual improvement: "I enjoy working alongside Bernard...and it's refreshing seeing a teacher taking the intimidating, yet

Everyone who attends the grand opening will be eligible to win a number of valuable prizes. First-time visitors will also receive a guided tour and free 7-day passes to the club.

"We're eager to show off the new club to everyone in the community," Medlin said. "In celebration of our new look, the first 25 people can get started with Anytime Fitness for \$1."

To learn more about Anytime Fitness, visit [www.anytimefitness.com](http://www.anytimefitness.com).



Smith (center) and other ATC Fellows who teach throughout Arkansas work to provide students rigorous instruction that is relevant to their lives.

necessary, risks to improve his craft."

Smith hopes to leverage his extensive knowledge of mathematics to help his students develop the skills necessary for critical thinking and problem-solving.

"We develop a sense of perseverance and respect to create a culture of openness and persistence in learning, understanding that we all can grow in our learning," Smith said of his classroom. "We accept multiple perspectives presented in and out of the classroom and take on challenges wholeheartedly, knowing that we can learn from the experience whatever the outcome. From this, we learn how to think critically and use that critical thinking to solve problems effectively, pulling out important information and determining the strategies that are most effective in determining a solution."

ATC addresses teacher shortages in high-need districts based on geographic regions and specific critical content areas designated by the Arkansas Department of Education. ATC's mission is to "recruit, train and support exceptional, social justice-

oriented individuals to serve as teachers for Arkansas students who need them the most."

To become an Arkansas Teacher Corps Fellow, applicants are required to have a bachelor's degree in any major, a record of academic success, and a community-focused mindset emphasizing leadership and service learning. ATC Fellows attend a rigorous seven-week residential summer training, which includes over 150 hours of professional development and clinical practice as a summer school teacher in the Osceola School District.

Individuals selected as ATC Fellows commit to teaching for three years in a high-need school district, must pass all required educator licensure tests and participate in ongoing professional development and coaching throughout their Fellowship. Upon successful completion of the program, ATC Fellows receive their standard five-year teaching license.

Along with Smith, six other ATC Fellows teach in the Blytheville school district. At Blytheville High School,



Smith (left) enjoys professional development workshops with other ATC Fellows.

2016 Fellow Ashley Moore teaches chemistry, 2017 Fellow Kandace McDonald teaches English language arts, 2018 Fellow Alejandro Garcia teaches business, and 2018 Fellow Jazmin Berlanga Median teaches physical science. At Blytheville Middle School, 2017 Fellow Breanna Franklin teaches art and 2018 ATC Fellow Gregory Briggs teaches math.

ATC is a partnership between the University of Arkansas, the Arkansas Department of Education, and 23 Arkansas school districts. Funding for the program has been made available through collaboration be-

tween the College of Education and Health Professions, the Walton Family Foundation, the Arkansas Department of Education, the Winthrop Rockefeller Foundation, and individual donors through the Arkansas Teacher Corps Society.

ATC is accepting applications for the 2019 Fellowship; college seniors and degree holders of all ages and backgrounds are welcome to apply. Applications and additional information can be found at <https://www.arkansasteacher corps.org/join/>.

## Badger Jr. High Cover Design Winners



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CONFERENCE**

UCA  
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January 30, 2019



Zach Grant (left) and Jace Goodwin, Beebe 8th graders, placed 1st out of 93 program cover designs in the Beebe Jr. High Cover Design Contest. Along with Zach and Jace, Connor Acosta placed 2nd, and Liliana Salinas and Rinrada Seebonruang placed 3rd. Zach's and Jace's 1st place cover design was entered into the 2018 FBIA District V Cover Design Contest to compete with 30 other schools. Their cover won 1st place at the 2018 FBIA Fall Conference and will be featured on the front of the 2019 FBIA District V Spring Conference Program distributed on January 30, 2019.

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### AETN DEBATES

★ ★ ★ ★ BROADCAST SCHEDULE ★ ★ ★ ★

**Monday, Oct. 8:**  
U.S. Congressional District 1, 8 p.m.  
U.S. Congressional District 4, 9 p.m.

**Tuesday, Oct. 9:**  
U.S. Congressional District 2, 8 p.m.  
U.S. Congressional District 3, 9 p.m.

**Wednesday, Oct. 10:**  
Attorney General, 8 p.m.  
Secretary of State, 9 p.m.

**Thursday, Oct. 11:**  
Lieutenant Governor, 8 p.m.

**Friday, Oct. 12:**  
Governor, 8 p.m.

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